CASE OBSERVATION AND REPORT FORM

Name of Person Reporting _____________________________ Date_____________

Name of Counselor _________________________________ Session #_________

Name of Counselee _________________________________

(The questions listed on these pages are the ones that I want you to answer for every counseling session. We will be discussing these questions and your answers in our consultation times. You may not be able to fully or in some cases even partially answer every question for every individual session. However, you should do what you can to answer as many of them as you can for every counseling session and, of course, when you can, do answer all of the questions. Answering these questions will accomplish 2 things: (1) You will learn and grow as a counselor; (2) your answers will help me to get an accurate picture of what you think actually occurred in the session and allow me to be most helpful to you.)

1. Significant background information observed

2. Flow of the session, order of events – what occurred during the

3. Summary of reason counselee(s) came for counseling, why counselee(s) came, what counselee(s) wanted - (presentation problem)
4. What main problems were discussed in the session?

5. What unbiblical thoughts, attitudes, values, actions, reactions, feelings did were seen in the counselee(s)?

6. What heart issues, motivations, desires, idols did you observe in the counselee(s)? What did the counselee(s) want that they weren’t getting? What were they getting that they didn’t want and how were they responding to what they were or weren’t getting? What were the main motivations of the counselee(s)?

7. What is your basis for making the evaluation you did in answering the previous question?
8. What hope was given to the counselee(s) in this session and how was it given?

9. What commitments were acquired from the counselee(s) in this session and how?

10. What biblical solutions were presented in this session? What Scriptures were used? Why and how were these solutions given?

11. If this is not the first session, how was the homework that had been given used in this session?
12. What homework was given and why – how did the homework relate to the counselee(s) problems?

13. If someone had asked the counselee(s) immediately following the session, “What was your impression of this session? What help did you receive through this session? What were the most important challenges, lessons, issues dealt with in this session?”, what would you want him to say? (*All these questions are different ways of asking the same question.)

14. What is your opinion about how the overall counseling is progressing and what issues do you think have been sufficiently addressed in the counseling and changed by the counselee(s)?

15. What goals do you or would you have for future sessions?
16. What will be your counseling agenda for the next session?

17. Was there anything that happened in this session that you think should not have been done or that should have been done differently or more thoroughly? Identify what it was and describe what, in your opinion, should have been done.