

POSITIVE TRAITS INVENTORY

Matthew 7:1-5

Rate _____ on each of the following traits.

Put the number from the rating scale which most accurately describes

_____ after each word.

Rating scale: 0 = never; 1 = seldom; 2 = sometimes; 3 = often; 4 = usually

Loving _____
Honest _____
Sensitive _____
Good father/mother _____
Works hard _____
Humble _____
Keeps his/her word _____
Dependable _____
Doesn't take advantage _____
Doesn't use people _____
Not an opportunist _____
Plans ahead _____
Knows where he/she is going _____
Fair _____
Consistent _____
Perseveres _____
Admits it when he/she is wrong _____
Teachable _____
Analytical _____
Compassionate _____
Cooperative _____
Neat _____
Objective _____

Patient _____
Considerate _____
Persistent _____
Punctual _____
Disciplined _____
Resourceful _____
Sincere _____
Courteous _____
Creative _____
Decisive _____
Efficient _____
Flexible _____
Forgiving _____
Generous _____
Frugal _____
Appreciative _____
Hospitable _____
Diligent _____
Discerning _____
Enthusiastic _____
Courageous _____
Conscientious _____

